

# Sports Rehabilitation

*Froedtert & The Medical College of Wisconsin Sports Medicine Center*

## The Sports Medicine Center

The Froedtert & The Medical College of Wisconsin Sports Medicine Center is a leading provider of comprehensive programs designed to prevent and treat injury, aid recovery and enhance performance. Professional athletes from throughout Wisconsin and the United States turn to us for our specialized services, state-of-the-art equipment, comprehensive treatment programs and outstanding, individualized care.

We are proud to be the official provider for many area teams and organizations, including high school, college and professional teams. These include the Milwaukee Brewers, Milwaukee Wave, Milwaukee Iron, US Speedskating and the Milwaukee Ballet.



## Sports Rehabilitation

Our Sports Rehabilitation programs are designed for people interested in maintaining an active and healthy lifestyle — from adolescence to late adulthood.

Physical therapy services include injury prevention, injury rehabilitation and post-operative rehabilitation for the shoulder, elbow, hip, knee, ankle and spine. Services focus on musculoskeletal pain, range of motion deficits, strength deficits, proprioceptive and balance deficits, and loss of function or inability to perform activities/sports.

Our state-of-the-art facility features a gym with a sport court floor, eight-camera high-speed motion analysis system, HotShot high-speed video system, extensive cardiovascular equipment, free weights, Cybex weight training equipment, air runner, Biodex for isokinetic testing and training, and Woodway treadmills.

## Experienced Team

Our professional, caring staff is like no other in the area, with nearly two dozen experienced physical therapists and athletic trainers. Virtually everyone on our staff has specialized training or additional certification in orthopaedic and sports rehabilitation. The staff is committed to staying up-to-date on the latest research to support our evidence-based practice. We have the depth to meet even specific sports training and rehabilitation goals.

## How to Refer Your Patient

To refer a patient for rehabilitation at the Froedtert & The Medical College of Wisconsin Sports Medicine Center, please call 414-805-8656. A physician referral is required to receive physical therapy services and may be faxed to 414-805-8655.

**Sports Medicine Center**  
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